



1% Lowfat Milk

Grade A - Pasteurized - Homogenized
This product is Kosher Certified

Brands - Plains, Shurfine, Lowes

Sizes - 8oz, Quart, Half Gallon, Gallon

Ingredients - Low fat Milk, Vitamin A Palmitate, Vitamin D3 added.

Naturally Produced without Artificial Hormones.

*No significant difference has been shown between rBST-Treated and Non rBST-Treated Cows.

This product may produce allergic reactions in persons with milk allergies.

Nutritional Facts

Serving Size 1 Cup (240ml)

Amount Per Serving

Calories 110 Calories from Fat 20

% Daily Value

Total Fat 2.5g 4%

Saturated Fat 2.5g 8%

Trans Fat 0g 0%

Cholesterol 10mg 4%

Sodium 135mg 6%

Total Carbohydrate 13g 4%

Dietary Fiber 0g 0%

Sugars 12g

Protein 8g

Vitamin A 10% Vitamin C 2%

Calcium 30% Iron 0%

Vitamin D 25%

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



Plains 1/2 Gallon



Plains Quart



Plains 12oz



Plains 8oz