



Egg Nog

Grade A - Pasteurized

Naturally Produced without Artificial Hormones
 *No significant difference has been shown between rBST-Treated and Non rBST-Treated Cows.

This product may produce allergic reactions in persons with milk allergies.

Brands - Plains

Sizes - 8oz, 12oz, Quart, Half Gallon

Ingredients - Milk, Cream, Sugar, Corn Syrup, Egg Yolk Solids, High Fructose Corn Syrup, Contains 2% or less: Whey, Nonfat Milk, Natural Flavors, Nutmeg, Annatto and Turmeric (for Color), Guar Gum, Carrageenan, Mono and Diglycerides.

Nutritional Facts

Serving Size 1 Cup (240ml)

Amount Per Serving	
Calories 190	Calories from Fat 70
	% Daily Value
Total Fat 8g	12%
Saturated Fat 5g	24%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 160mg	7%
Total Carbohydrate 28g	9%
Dietary Fiber 0g	0%
Sugars 26g	
Protein 4g	

Vitamin A 6% Vitamin C 2%

Calcium 15% Iron 0%

Vitamin D 0%

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



Plains 1/2 Gallon



Plains Quart



Plains 12oz