

Fat Free Chocolate Milk

Grade A - Pasteurized - Homogenized This product is Kosher Certified

Brands - Plains, Shurfine

Sizes - 8oz, 12oz

Ingredients - Skim Milk, Sugar, Cocoa processed with alkali, Corn Starch, Salt, Carrageenan, Natural and Artificial Flavor Vitamin A Palmitate, Vitamin D3.

Naturally Produced without Artificial Hormones.

*No significant difference has been shown between rBST-Treated and Non rBST-Treated Cows.

This product may produce allergic reactions in persons with milk allergies.

Nutritional Facts

Serving Size	1 Cup (240ml)
Amount Per Serving	
Calories 130	Calories from Fat 20
	% Daily Value
Total Fat Og	0%
Saturated Fat Og	0%
Cholesterol 5mg	1%
Sodium 230mg	10%
Total Carbohydrate 24g 89	
Dietary Fiber Og	0%
Sugars 22g	
Protein 8g	
Vitamin A 10%	Vitamin C 0%
Calcium 30%	Iron 8%
Vitamin D 25%	

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



Plains 12oz



Plains 8oz