

## Large Curd Cottage Cheese

This product is Kosher Certified

Brands - Plains, Shurfine

Sizes - 24oz

Ingredients - Cultured Nonfat Milk, Milk, Cream, Whey, Contains less than 2% of Nonfat Milk, Citric Acid, Guar Gum, Potassium Sorbate (Preservative), Mono and Diglycerides, Carrageenan, Locust Bean Gum, Cornstarch, Sodium Phosphate (Tetrasodim Pyrophosphate), Monopotassium Phosphate, Salt, Natural and Artificial Flavor, Enzymes. Contains Milk.

## **Nutritional Facts**

Serving Size	½ Cup (113n	nl)
Amount Per Serving		
Calories 110	Calories from Fat	45
	% Daily Val	ue
Total Fat 5g	8	%
Saturated Fat 3g	16	%
Trans Fat 0g	0	%
Cholesterol 25mg	8	%
Sodium 450mg	19	%
Potassium 150mg	4	%
Total Carbohydrat	e 6g 2	%
Dietary Fiber 0g	0	%
Sugars 5g		
Protein 12g	24	%
Vitamin A 4%	Vitamin C 0%	
Calcium 10%	Iron 0%	Т

Vitamin D 0%



Plains 24oz



Shurfine 24oz

<sup>\*</sup>Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.