



Skim Milk

Grade A - Pasteurized - Homogenized
This product is Kosher Certified

Brands - Plains, Shurfine, Lowes

Sizes - 8oz, Quart, Half Gallon, Gallon

Ingredients - Low fat Milk, Vitamin A Palmitate, Vitamin D3 added.

Naturally Produced without Artificial Hormones.

*No significant difference has been shown between rBST-Treated and Non rBST-Treated Cows.

This product may produce allergic reactions in persons with milk allergies.

Nutritional Facts

Serving Size 1 Cup (240ml)

Amount Per Serving	
Calories 90	Calories from Fat 20
% Daily Value	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 5mg	2%
Sodium 135mg	6%
Total Carbohydrate 13g	4%
Dietary Fiber 0g	0%
Sugars 12g	
Protein 8g	

Vitamin A 10% Vitamin C 2%

Calcium 30% Iron 0%

Vitamin D 25%

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



Plains Gallon



Plains Gallon



Plains 1/2 Gallon



Plains Quart



Plains 8oz