

## **Whole Milk**

Grade A - Pasteurized - Homogenized This product is Kosher Certified

**Brands** - Plains, Shurfine, ShurSaving, Allsups, Lowes

Sizes - 8oz, 12oz, Quart, Half Gallon, Gallon

Ingredients - Milk, Vitamin D3 added.

Naturally Produced without Artificial Hormones.

\*No significant difference has been shown between rBST-Treated and Non rBST-Treated Cows.

This product may produce allergic reactions in persons with milk allergies.

## **Nutritional Facts**

Serving Size	1 Cup (240ml)
Amount Per Serving	
Calories 150	Calories from Fat 70
	% Daily Value
Total Fat 8g	12%
Saturated Fat 5g	25%
Trans Fat 0g	0%
Cholesterol 35mg	11%
Sodium 130mg	5%
Total Carbohydrat	e 13g 4%
Dietary Fiber 0g	0%
Sugars 12g	

Protein 8g		
Vitamin A 6%	Vitamin C 2%	
Calcium 30%	Iron 0%	

Vitamin D 25%

\*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



Plains Gallon



Allsups Gallon



Lowes Gallon



Plains ½ Gallon



Plains Quart



Plains 12oz



Plains 8oz